

AGN. NO.

MOTION BY SUPERVISOR MARK RIDLEY-THOMAS

APRIL 22, 2014

**Proclaim April 27, 2014 as First Ladies' Health Day in Los Angeles County**

Communicable and chronic illnesses have plagued the County of Los Angeles for many years. African Americans, in particular, experience extremely high rates of diabetes, obesity, heart disease, high blood pressure, and HIV infection. It is thus important to raise awareness in a campaign to combat diseases that disproportionately affect minorities.

This year, the First Ladies of Los Angeles, an association which includes the wives of prominent pastors in influential churches in the Los Angeles area, are uniting to end health disparities and create healthier communities. They are opening the doors to 41 churches on Sunday, April 27, 2014 to provide life-saving screenings free of cost.

In 2013, 1,500 people received blood pressure screenings, 369 received an HIV test, and 6,000 had glucose screenings at the health screening event hosted by the First Ladies. Health providers disseminated information about Hepatitis C, Alzheimer's, diabetes, and other sicknesses that disproportionately affect the African American

- MORE -

MOTION

MOLINA \_\_\_\_\_

RIDLEY-THOMAS \_\_\_\_\_

YAROSLAVSKY \_\_\_\_\_

ANTONOVICH \_\_\_\_\_

KNABE \_\_\_\_\_

**MOTION BY SUPERVISOR MARK RIDLEY-THOMAS**  
**APRIL 22, 2014**  
**PAGE 2**

community. The Los Angeles County Fire Department also provided free Cardio Pulmonary Resuscitation training.

This year, the First Ladies' initiative will partner with public and private entities, including community clinics, to provide free health screenings and services to approximately 20,000 congregants and community residents. The Los Angeles Department of Public Health will coordinate the HIV testing at all of the sites. Additionally, there will be exercise classes to practice a holistic approach in health and wellness.

**I THEREFORE MOVE THAT THE BOARD OF SUPERVISORS:**

Proclaim April 27, 2014 as "First Ladies' Health Day" in the County of Los Angeles and encourage all residents in Los Angeles County to get tested and screened for communicable and chronic illnesses.

###